



Did you know?

- Ohio ranks **18th out of 50 states** for food insecurity in the nation
- Medina County has a **7% poverty rate**
- **1 in 5 (20%)** of children in Medina County are food insecure
- **16%** of seniors in Medina County are low income, or do not qualify for assistance

Feeding Medina County (FMC) relies on generous contributions from donors like you to help bridge the food insecurity gap. Monetary donations help us the most, enabling us to purchase the quantities and sizes of food we need. For example, for the average price of a 16 oz jar of peanut butter, FMC can fill a bag of food for a senior or child.

Consider the many ways to contribute to FMC at your company, retail or service business:

- **Name FMC *Charity of the Month* (or longer)**
- ***Dress Down Days* Donation**
- **FMC *Collection Can Campaign***
- **Designate FMC for your *United Way* contribution**
- ***Round Up to the Nearest Dollar* for FMC**
- **Select FMC for your next fundraiser**

If you would like to donate food items, please know we can only accept the following items:

- 16 oz peanut butter (*plastic jars*)
- 20 oz squeezable jelly (*plastic jars*)
- 10.5 oz chicken noodle or tomato soup
- 15 oz cans of vegetables
- 5 oz - 7 oz cans of tuna fish or chicken
- 10 oz - 12 oz boxes of cereal (non-sugar)
- Macaroni & cheese (boxed, microwave cups or pouches)
- Pudding in snack packs (high calcium, shelf-stable)
- Fruit cups (unsweetened or in natural juices)



For more information, visit
www.feedingmedinacounty.org

650 W. Smith Road C-8 • Medina, Ohio 44256
330-421-4816 • info@feedingmedinacounty.org

Office Hours: M-F 8:00 am - 3:00 pm

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